# California's Coordinated Care Initiative

Los Angeles County



# Medicare and Medi-Cal Today

### Medicare

Who: 65+, under 65 with certain disabilities

- Doctors
- Hospitals
- Prescription drugs

### Medi-Cal

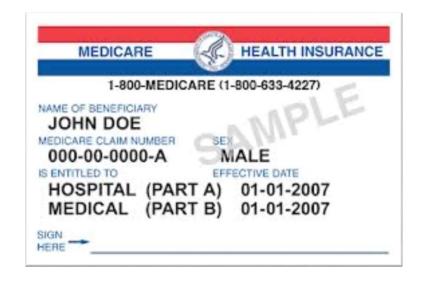
Who: low-income Californians

- Long-term services and supports
  - MSSP, IHSS, CBAS, nursing facilities, non-emergency medical transportation
- Durable medical equipment
- Medicare cost sharing

# Medicare and Medi-Cal Today

### Medicare

Who: 65+, under 65 with certain disabilities



### Medi-Cal

Who: low-income Californians



# Person-Centered Care

Right Care

Right Time

Right Place



# The Coordinated Care Initiative: Two Parts

### Cal MediConnect

Who: many full dual eligible beneficiaries

- Optional
- Combines Medicare and Medi-Cal benefits into one managed care health plan
- Additional services, including care coordination

### Medi-Cal

Managed Long-Term
Services and Supports (MLTSS)

Who: Medi-Cal only beneficiaries, full dual eligibles who opt out of Cal MediConnect, other identified groups eligible for Medi-Cal

- Mandatory
- Beneficiaries will now receive Medi-Cal benefits through a managed care health plan, including LTSS and Medicare wrap-around.

### Cal MediConnect

- Who: Medi-Medi beneficiaries
- Optional

- Original Medicare and Medi-Cal services
- One number for all your health care needs
- Vision benefit: one routine eye exam annually and \$100 towards eye glasses/contacts every two years
- Transportation benefit: 30
   one-way trips per year in addition
   to the existing transportation
   benefit
- Care Coordination

# Cal MediConnect Care Coordination

- Cal MediConnect plans will give providers information and resources to support care coordination.
  - Health Risk Assessments (HRAs)
    - Primary, acute, LTSS, behavioral health and functional needs
  - Interdisciplinary Care Teams
    - Beneficiary, plan care coordinator, key providers
  - Individualized Care Plans
    - Care teams will develop and implement ICPs
  - Plan Care Coordinators
    - Facilitates communication between plans, providers, beneficiary

### Cal MediConnect Plans

# Los Angeles

- L.A. Care
- CareMore Cal MediConnect Plan
- Care1st Cal MediConnect Plan
- Health Net Cal MediConnect
- Molina Dual Options

### Medi-Cal

Managed Long-Term Services and Supports

- Who: Medi-Cal only beneficiaries, full dual eligibles who opt out of Cal MediConnect, other identified groups eligible for Medi-Cal
- Mandatory

- Same Medi-Cal services beneficiaries currently receive
- Medi-Cal long-term services and supports (MLTSS) will now be provided through managed care plans
- This impacts both beneficiaries not eligible for Cal MediConnect and beneficiaries who opt out of Cal MediConnect

# **MLTSS Plans**

# Los Angeles

- · L.A. Care
- Anthem
- Care1st Health Plan
- Kaiser Permanente
- Health Net
- Molina Health Plan

### **PACE**

Program of All-inclusive Care for the Elderly

- Who: Medi-Medi beneficiaries and Medi-Cal beneficiaries
- Option available to those who are determined eligible

# You may be eligible to enroll in a PACE program

### If you:

- Are 55 or older
- Live in your home or community setting safely
- Need a high level of care for a disability or chronic condition
- Live in a ZIP code served by a PACE health plan

### PACE Plans

# Los Angeles

- AltaMed Senior BuenaCare
  - 1-877-462-2582
- Brandman Centers for Senior Care
  - 1-818-774-3065

# Cal MediConnect Notices

### 90 Day Notice



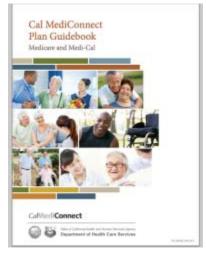
### 60 Day Notice



### 30 Day Notice



### Cal MediConnect Guidebook







#### How to choose a health plan

#### Find the best health plan for you.

#### Cal MediConnect

Do you want to get your Medicare and Medi-Cal benefits together in one Cal MediConnect plan? If yes, a Cal MediConnect health plan may be good for you.

Look on the inside front cover (page 2) of this Guidebook for a list of the Cal MediConnect plans available in your county. There is also information on these Cal MediConnect plans in your Choice booklet.

#### Medi-Cal Plan for Long Term Services and Supports

Do you want to keep your Medicare separate and join a health plan for your Medi-Cal (including LTSS)? If yes, then a Medi-Cal only health plan may be good for you. Look on page 21 in this Guidebook for a list of the Medi-Cal health plans available in your county. If you think you qualify, you can also choose PACE. PACE will contact you to see if you do.

#### Program of All-Inclusive Care for the Elderly (PACE)

See page 13 for more information about PACE. If you think you may qualify, you can choose PACE. You must still choose a Cal MediConnect Plan or a Medi-Cal health plan, just in case you do not qualify to join PACE. PACE will send you a letter telling you whether or not you meet the requirements to join. Look on page 22 for a list of PACE Plans available in your county.

#### Choose the type of health plan that is a good fit for you.

#### Make a list of your main doctors, providers, and care needs.

Use the worksheet on page 23 to make a list of your providers and health care needs. Use this list when you call the health plans to learn more about their services. Ask the health plans if they work with your providers and cover your prescription drugs and medical equipment.

#### Do you have a doctor or other provider you like?

Ask your doctors if they work with any of the health plans in your county. You can also look in the health plan "provider directories" to see if your doctors or providers are listed. You may be able to keep seeing your current doctors for up to six months. See page 10 for more information.

14 HOWTO CHOOSE A HEALTH PLAN

# **MLTSS**

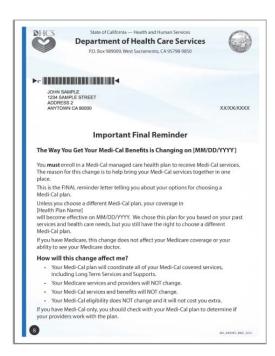
### 90 Day Notice

#### State of California — Health and Human Services Department of Health Care Services ..... ENGROSSER Important Information The way you get Medi-Cal services is changing. You must enroll in a Medi-Cal managed care health plan to receive Wedl-Cal services. The mason for this change is to help bring your Midd-Cal services together in one place. Please read this notice corefully. You do not need to do physhing yet. We will send you more information and health plan ervollment reatorials in about one month. If you are in the dicare, this change does not affect your Medicare coverage or your ability to see your Wedicare doctor. What services will you get from your Medi-Cal health plan? Your West-Cal health plan will coordinate all of your Medi-Cal sovered services. Fyou are in Medicare, your Medi-Calibroth plan will pay for certain Medicare code-sharing, certain additional benefits Nuch as pre-cription drugs not covered by Medicard, some transportation, and certain Long Term Semices and Supports. Fyou just have Medi-Cal, your Medi-Cal health plan will be responsible for all of your medical care, some transportation, and certain Long Term Services and Supports. What are Medi-Cal Long Term Services and Supports? In Home Supportive Services SHSS) are personal care services for people who need help to live safely in their homes. If you currently get HISS, you do not have to change your EHSS providers and you can still hire, fire, and manage your Community-Based Adult Services (CBAS) is depline health-care at century that provide numbing, therapy, activities and meals for people with certain chionic health conditions.

### 60 Day Notice



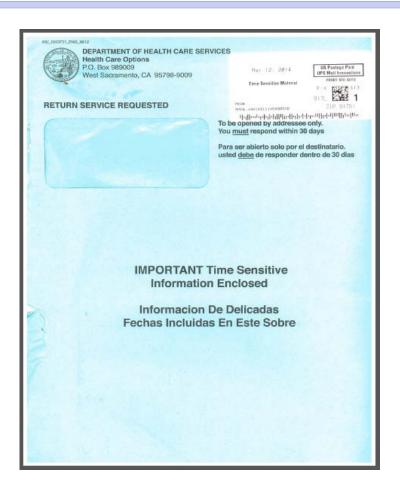
### 30 Day Notice



# When to Expect Notices

- Most beneficiaries will receive notices 90, 60, and 30 days prior to their coverage date.
- Beneficiaries in Medi-Cal managed care who are NOT eligible for Cal MediConnect will receive one notice prior to the change in their benefit package as MLTSS is added to their existing plan.
- Cal MediConnect official information from the state will only arrive in blue envelopes.

# Look for the Blue Envelope



# Timeline Specifics

- April 2014 Voluntary enrollment for Health Net and LA Care begins and will last for the duration of the program.
- July 2014 Passive enrollment into Care1<sup>st</sup>,
   CareMore, Health Net, and Molina begins.\*
- January 2015 Passive enrollment into all five plans (Care1<sup>st</sup>, CareMore, Health Net, L.A. Care, and Molina) begins.\*

<sup>\*</sup>Participation in Care1st, CareMore, Molina and LA Care pending readiness reviews.

# **Enrollment Timeline**

Cal MediConnect "opt in" enrollment beings in Los Angeles in April 2014.

|               | Cal MediConnect (Passive enrollment)  |  |  |  | MLTSS (Mandatory enrollment)   |   |  |  |   |   |             |                             |   |
|---------------|---|--|--|--|--|---|--|--|---|---|-------------|-----------------------------|---|
|               | Full Duals Only   |  |  |  | Full Duals in Med-Cal FFS <sup>2</sup>                                       |   |  | Full Duals in Medi-Cal Managed Care  |   |   | MSSP        | Partial Duals/Medi-Cal only |   |
| Start<br>Date | Medicare FFS<br>and in Medi-<br>Cal Managed<br>Care<br>(enrolled in<br>one month) | Medicare FFS<br>and Medi-Cal<br>FFS (enrolled<br>by birth<br>month) <sup>2</sup> | MSSP Benes<br>eligible for Cal<br>Medi-Connect<br>(enrolled in<br>one month) | MA plan /<br>Part D LIS<br>Benes<br>(enrolled in<br>one month) | Opt out of<br>CMC and in<br>Medi-Cal FFS<br>(enrolled by<br>birth<br>month)* | Excluded from<br>CMC (ESRD,<br>Kaiser, 1915c<br>waiver) and in<br>Medi-Cal FFS<br>(enrolled by birth<br>month)* | Full Duals in<br>MA plans or<br>LIS<br>reasignees in<br>Medi-Cal FFS<br>(enrolled in<br>one month) | Full Duals in<br>Medi-Cal<br>managed care<br>plan ( benefit<br>added in one<br>month) <sup>1</sup> | Excluded from<br>CMC (ESRD, Kaiser,<br>1915c waiver) and<br>in Medi-Cal<br>Managed Care<br>(benefit added in<br>one month) <sup>1</sup> | MA benes or LIS<br>reasignees in Medi<br>Cal Managed Care<br>(benefit added in<br>one month) <sup>1</sup> |             |                             | Medi-Cal FFS<br>(enrolled by<br>birth month) <sup>2</sup> |
| 4/14          |   |  |  |  |  |   |  | Los Angeles  | Los Angeles   | Los Angeles   |             |                             |   |
| 7/14          | Los Angeles   | Los Angeles  |  |  | Los Angeles  |   |  |  |   |   |             | Los Angeles                 |   |
| 8/14          |   |  | Los Angeles  |  |  | Los Angeles   |  |  |   |   | Los Angeles |                             | Los Angeles   |
| 1/15          |   |  |  | All Eight<br>Counties  |  |   | All Eight<br>Counties  |  |   |   |             |                             |   |

<sup>1.</sup> Enrollees already in a Medi-Cal managed Care plan will receive one notice prior to the change in benefit.

# Consumer Protections

The law establishing the CCI contains many protections, including:

### Meaningful information of Beneficiary Rights and Choices

Notices sent 90, 60, and 30 days prior to enrollment.

#### Self-Directed Care

 People will have the choice to self-direct their care, including being able to hire, fire, and manage their IHSS workers.

### Appeal & Grievances

 People will receive full Medicare and Medi-Cal appeals and grievances. There is a a special Ombudsman program for Cal MediConnect.

### Strong Oversight & Monitoring

Evaluation coordinated with DHCS and CMS.

### Continuity of Care

 People can continue to see their Medi-Cal providers for 12 months and their Medicare providers for six months.

# Consumer Protections: Who To Call for Beneficiaries

- If a beneficiary has a complaint, the first point of contact should be the plan. Plans will have internal appeals and grievance procedures.
- If a beneficiary cannot resolve their complaint with the plan, there are several options:

Cal MediConnect Ombudsman Program (855) 501-3077 Medi-Cal Managed Care Ombudsman (888) 452-8609 Office of the Patient Advocate

(866) 466-8900

# Cal MediConnect Ombudsman Program

- Assist enrollees filing appeals and complaints where needed
- Investigate, negotiate and resolve enrollee problems/complaints with Cal MediConnect plans
- Refer enrollees to relevant entities and programs as needed

(855) 501-3077

# Who to Call

Cal MediConnect Plans

L.A. Care
 1-855-522-1298

CareMore Cal MediConnect Plan 1-888-350-3447

Care1<sup>st</sup> Cal MediConnect Plan 1-855-905-3825

Health Net Cal MediConnect 1-888-788-5395

Molina Dual Options 1-855-665-4627

Enrollment and additional support

Health Care Options 1-844-580-7272

# Summary - CCI Key Points

- CCI is designed to help patients get the care and support services they need.
- Cal MediConnect can offer beneficiaries and providers additional support and resources, including care coordination and administrative simplification.
- Strong consumer protections, including continuity of care.
- Contact plans in your county for questions.

# www.calduals.org



# Additional Resources

- HICAP
  - 213-383-4519
  - Hotline: 1-800-434-0222
- Email info@calduals.org
- Twitter @CalDuals

