PASC Newsletter

Stay cool, stay informed, and take advantage of these essential services this summer!

STATEWIDE BACK-UP PROGRAM (BUPS)

We are happy to inform you that the Statewide Back-Up Program (BUPS) will continue to be available. This program provides essential support to ensure that in-home services are uninterrupted during emergencies. For more details, please visit

SAFETY

FIRST

http://www.pascla.org/back-up-program/

HEAT ADVISORY

As summer temperatures continue to rise, it is important to stay informed and take necessary of precautions to keep cool and safe. High temperatures can pose serious health risks, particularly for the elderly, young children, and those with preexisting health conditions.

Tips for staying cool: Stay hydrated Avoid strenuous activity Wear light clothes Check in on neighbors Use fans, air conditioning, or cooling centers.

For more information on cooling centers near you visit <u>htps://ready.lacounty.gov/heat/</u>

JOB BANK RETURNS

We are pleased to announce that the Job Bank will be returning to Personal Assistance Services Council (PASC) consumers on July 15th. This resource connects consumers with qualified job seekers, making it easier to find the right match for your needs. For more information <u>CLICK HERE</u>

NEW

UPCOMING PUBLIC MEETINGS

We invite you to join us for the following meetings, which will be open to the public via Zoom:

Alzheimer's Series: Legal and Financial Planning

- Date: July 25th, 2024
- Time: 11am-12:30pm

Scan Series: Bone Health Basics: Understanding Osteoporosis

- Date: July 11th, 2024
- Time: 11am-12:30pm

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for full list our activities please visit the PASC Calendar on our website or <u>CLICK HERE</u>