

## PASC PASC NEW SLETTER

December 2024

## Tips for the Holidays

Tips for a Safe and Enjoyable Holiday Season for People with Disabilities and Older Adults

- 1. Accessible decorations and lighting
- 2. Plan for accessibility at gatherings
- 3. Stay warm and comfortable
- 4. Stay connected
- 5. Plan an inclusive menu
- 6. Avoid slips and falls.

click here for the full list of helpful tips.

## **PASC** Reminders

PASC offers services like our web chat for assistance, the Job Bank, and backup provider support to help you meet your needs this season.

Web Chat: <a href="https://bit.ly/">https://bit.ly/</a>
<a href="pascwebchat">pascwebchat</a>



Or visit <u>www.pascla.org</u> to view all of our services.

## National Family Caregiver Month winners!

For National Family Caregiver Month PASC invited IHSS recipients to acknowledge their caregivers, and the following five providers were randomly selected to receive a \$20 gift card as a token of appreciation.

Help us congratulate:

Andre Huchim

Claudine Gomes

Henry Madeg

Rixans Rabadi

Sydnee Stewart

Thank you to everyone who participated!

If there's an IHSS provider you'd like to acknowledge, you will have the opportunity to do so at our upcoming Open House.

PASC Open House will be taking place on Monday April 21st, 2025. Keep a look out for our registration email in the coming months.

