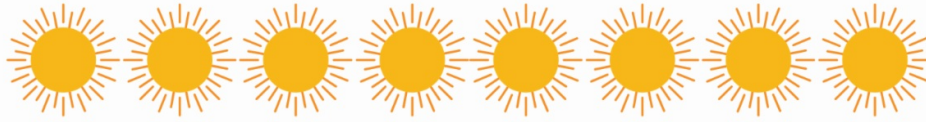


PASC NEWSLETTER

SEPTEMBER 2025



Staying Cool During September's Heat Wave



With high temperatures continuing this month, remember to take steps to stay safe:

- Drink plenty of water throughout the day
- Limit outdoor activity during peak heat hours (11 AM – 4 PM)
- Wear light, loose clothing
- Visit a Cooling Center if you don't have air conditioning at home

Find a Cooling Center near you:

ready.lacounty.gov/heat

15th ANNUAL GOLDEN FUTURE SENIOR EXPO
SATURDAY, SEPT. 6TH 2025
9AM - 1:30PM

SOUTHERN CALIFORNIA'S PREMIER LIFESTYLE, HEALTH & ACTIVE AGING EXPO!
FREE ADMISSION!
FREE PARKING!

VETERANS MEMORIAL BUILDING
4117 OVERLAND AVENUE
CULVER CITY, CA 90230

This 15th Anniversary milestone event is packed with exciting exhibitors, engaging activities, informative speakers & amazing giveaways – all designed just for YOU! ... and don't miss the Golden Ticket Giveaway! 5 Lucky Winners will take home a \$100 Gift Card!

Vendor Booths!
Prizes & Raffles!
Entertainment!

Expert Speakers!
Fun Workshops!
Bingo!

FREE Haircuts(M&W)!
FREE Nail Manicures!
AND MORE!

Pre-Register Online OR Register At The Door!
Self-park in any of the available FREE parking lots. Please adhere to parking signs.

www.GoldenFutureSeniorExpo.com

15th Annual Golden Seniors Expo

Saturday, September 6, 2025

9:00 AM – 1:30 PM

Veterans Memorial Building

4117 Overland Avenue, Culver City, CA

90230

The Golden Seniors Expo is a wonderful opportunity to:

- Explore community resources
- Meet service providers
- Connect with others

PASC will have a booth at the event —

stop by to say hello and learn more about our services!

goldenfutureseniorexpo.com



September Tele-Forums – Join the Conversation

Join us at 6pm

Tele-Forums this month bring you important resources and updates:

- September 17 – Keith Miller on the Americans with Disabilities Act (ADA)
- September 24 – LA County Registrar



**PERSONAL ASSISTANCE
SERVICES COUNCIL**

Supporting and Enhancing Independence



Personal Assistance Services Council | 3452 E. Foothill Blvd. Suite 900 | Pasadena, CA 91107 US

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